

# *Walking Through Grief*

**An 8 week program where participants watch a DVD, share in discussion, and find support from others who are grieving.**



Fall Session dates to come

**Wednesdays from 7:00 PM - 8:30 PM**

*at Norval United Church, 14015 Danby Road, Georgetown*

**For more information or to register please call the church office at 905-877-6122 or email [office@norvalunited.ca](mailto:office@norvalunited.ca)**

**Offered by Norval United Church, supported by Jones Funeral Home**

## ***Grief Support Group***

At Jones Funeral Home we recognize that a funeral is not the end of a journey but the beginning of one. The path through grief is a difficult and lonely road for many people.

Recognizing that reality, we are pleased to provide a Grief Support Group in the community. The facilitators provide leadership for this group at Norval United Church.

***Walking Through Grief Support Group*** – This group runs once a week for 8 weeks. Participants watch a DVD of grief professionals and those who are grieving and then the group discusses what they have heard. This 8-week closed group is offered three times a year.

For more information, please contact Jones Funeral Home or Norval United Church at (905)-877-6122 or [griefsupport@norvalunited.ca](mailto:griefsupport@norvalunited.ca)